

## **Effects of L-carnitine on Action Potential of Canine Papillary Muscle Impaired by Long Chain Acyl Carnitine**

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### **SUMMARY**

It has been reported that long chain acyl carnitine accumulates in ischemic myocardium, and L-carnitine prevents ventricular arrhythmias as well as the accumulation of long chain acyl carnitine in ischemic and free fatty acid supplemented hearts. The purpose of this study was to observe the electrophysiological effects of long chain acyl carnitine, and to evaluate the protective effect of L-carnitine on the transmembrane action potential impaired by long chain acyl carnitine. Using standard microelectrode techniques, transmembrane action potentials were recorded from isolated canine papillary muscle.

Palmitoyl carnitine (0.3 mM and 0.6 mM) decreased the resting membrane potential, action potential amplitude and maximum upstroke velocity of phase 0, and shortened action potential duration and effective refractory period in a concentration-dependent manner. Application of L-carnitine (25 mM) prevented the effect of palmitoyl carnitine (0.3 mM) on the transmembrane action potential.

These results suggest that long chain acyl carnitine plays an important role in arrhythmogenesis, and that the effect is prevented by L-carnitine.

### **Additional Indexing Words:**

Palmitoyl carnitine      Free fatty acid      Arrhythmogenesis

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HIGH concentration of free fatty acids (FFA) have been reported to provoke malignant dysrhythmias in ischemic heart disease<sup>1)</sup> and in experimental animals.<sup>2),3)</sup> Recent studies have reported that FFA cause a concentration-dependent decrease in the action potential duration and a corresponding shortening of effective refractory period.<sup>4)-6)</sup> Several explanations have been proposed, such as a nonspecific detergent action on biomembranes,<sup>7)</sup> uncoupling of oxidative phosphorylation,<sup>8),9)</sup> inhibition of enzymes,<sup>10)</sup> and interference with glycolytically derived ATP in the cytoplasm.<sup>11),12)</sup>

Recently, much attention has been focused on the accumulation of long chain acyl CoA and long chain acyl carnitine (metabolites in FFA oxidation), as a cause of the toxic cardiac effects of myocardial ischemia and excess FFA.<sup>13)-15)</sup> Furthermore, protective effects of exogenous L-carnitine have been demonstrated in animals with acute myocardial ischemia and supplemental excess FFA.<sup>16)-19)</sup> The purpose of this study was to observe the electrophysiological effects of long chain acyl carnitine, and to evaluate the protective effect of L-carnitine on transmembrane action potentials impaired by long chain acyl carnitine.

## METHODS

Mongrel dogs weighing 8-12 Kg were anesthetized with sodium pentobarbital (30 mg/Kg, iv). The hearts were removed and immediately placed in cooled and oxygenated Tyrode's solution. A small sample of papillary muscle was rapidly excised from the right ventricle and placed in a tissue bath. The bath was perfused with Tyrode's solution, oxygenated with 95% oxygen and 5% carbon dioxide, at a constant rate of 7 ml/min. The pH of the solution was maintained at 7.4, and the composition of the solution was as

Table I. Effects of Palmitoyl Carnitine on

	RMP (mV)	APA (mV)	dV/dT <sub>max</sub> (V/sec)
Control (N=10)	-87±2	102±4	107±18
Palmitoyl Carnitine	-84±3	93±5	62±12
0.3 mM (N=5)	p<0.05	p<0.01	p<0.001
Palmitoyl Carnitine	-67±4***	78±3***	46±7*
0.6 mM (N=5)	p<0.001	p<0.001	p<0.001

Values are mean±SD. Abbreviations: RMP=resting membrane potential; APA=action potential amplitude; dV/dT<sub>max</sub>=maximum upstroke velocity of phase 0; APD<sub>20</sub>=action potential duration at 20% repolarization; APD<sub>50</sub>=action potential duration at 50% repolarization; APD<sub>90</sub>=action potential duration at 90% repolarization; ERP=effective refractory period. P value

follows (in mM): NaCl, 137; NaHCO<sub>3</sub>, 12; dextrose, 5.5; KCl, 3.0; CaCl<sub>2</sub>, 2.7; NaH<sub>2</sub>PO<sub>4</sub>, 1.8; and MgCl<sub>2</sub>, 0.5. The papillary muscle was stimulated through a bipolar Teflon-coated silver electrode placed on the papillary muscle at one end of the preparation, at twice the diastolic threshold in intensity with rectangular pulses of 2.0 msec duration. The basic cycle length was 1 sec.

Transmembrane action potentials were recorded from the papillary muscle through machine-pulled glass microelectrodes filled with 3 M KCl and with tip resistances of 10 to 15 megohms. The following parameters of the transmembrane action potential were measured: resting membrane potential (RMP), action potential amplitude (APA), and duration of action potential from the upstroke to 20, 50, and 90% repolarization (APD<sub>20</sub>, APD<sub>50</sub>, APD<sub>90</sub>). The effective refractory period (ERP) was determined by applying a test pulse at a desired coupling interval in every eighth cycle of driving pulses. Stimulating pulses were 2 msec in duration and 4 times the diastolic threshold in intensity. The maximum upstroke velocity of phase 0 (dV/dT<sub>max</sub>) was obtained by electronic differentiation and displayed on an oscilloscope. After performing the control measurements, the preparations were perfused with the Tyrode's solution containing either 0.3 mM or 0.6 mM palmitoyl carnitine and a mixture of palmitoyl carnitine (0.3 mM) and L-carnitine (25 mM). Effects of the agents were examined 30 min after starting the perfusion. Statistical analysis was performed using Student's t test and the significance was established at  $p < 0.05$ .

## RESULTS

### *Effect of palmitoyl carnitine on transmembrane action potential*

The effects of palmitoyl carnitine on transmembrane action potentials

Action Potentials in Canine Papillary Muscle

APD <sub>20</sub>		APD <sub>50</sub>		APD <sub>90</sub>		ERP	
(msec)	(%)	(msec)	(%)	(msec)	(%)	(msec)	(%)
106 ± 9		158 ± 11		202 ± 9		196 ± 9	
88 ± 5	81 ± 6	135 ± 5	85 ± 4	177 ± 6	87 ± 2	166 ± 13	84 ± 6
p < 0.001		p < 0.001		p < 0.001		p < 0.001	
66 ± 8***	65 ± 9*	121 ± 13	77 ± 10**	164 ± 13	82 ± 8	164 ± 11	84 ± 4
p < 0.001		p < 0.001		p < 0.001		p < 0.001	

represents the difference between control and palmitoyl carnitine (0.3 mM and 0.6 mM) by non-paired t-test. Asterisks represent the significance of change between conditions with 0.3 mM and 0.6 mM palmitoyl carnitine by a non-paired t-test.

\*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

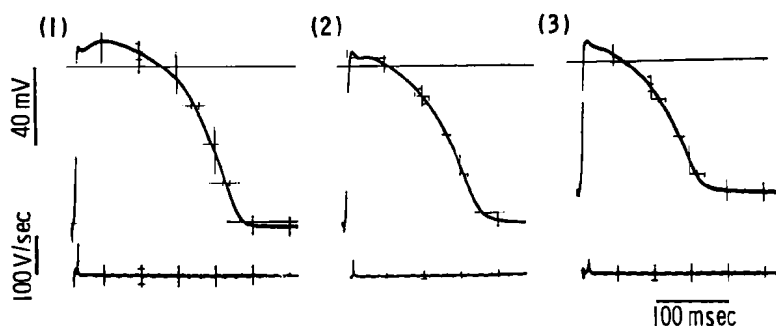


Fig. 1. Effect of palmitoyl carnitine on action potentials of canine papillary muscle. (1) control, (2) palmitoyl carnitine (0.3 mM), (3) palmitoyl carnitine (0.6 mM).

Table II. Effects of L-carnitine on Action

		RMP (mV)	APA (mV)	dV/dT <sub>max</sub> (V/sec)
Control	(N=10)	-86±3	103±5	100±15
Palmitoyl Carnitine		-84±3	93±5	62±12
0.3 mM	(N=5)	n.s.	p<0.01	p<0.001
Palmitoyl Carnitine		-84±5	100±8	89±23*
+ 0.3 mM				
L-carnitine	25 mM	n.s.	n.s.	n.s.
	(N=5)			

Values are mean±SD. P value is represented identically to Table I. Asterisks represent the significance of change between palmitoyl carnitine (0.3 mM) and palmitoyl carnitine (0.3 mM)

is summarized in Table I. A significant decrease in RMP, APA and dV/dT<sub>max</sub> was observed at a concentration of 0.3 mM. Palmitoyl carnitine at a concentration of 0.6 mM caused a further decrease in RMP, APA, and dV/dT<sub>max</sub>. Both the APD at all measured levels of repolarization and ERP shortened significantly at a concentration of 0.3 mM. Palmitoyl carnitine at a concentration of 0.6 mM further shortened the APD, but there was no significant change in ERP. Action potentials in a representative case are shown in Fig. 1.

#### *Effect of L-carnitine on transmembrane action potential impaired by palmitoyl carnitine*

Effect of L-carnitine on transmembrane action potentials impaired by palmitoyl carnitine was examined. Canine papillary muscle was perfused with Tyrode's solution containing palmitoyl carnitine (0.3 mM) or a mixture of palmitoyl carnitine (0.3 mM) and L-carnitine (25 mM). Table II summarizes the effects of the lower dose of palmitoyl carnitine and the mixture of

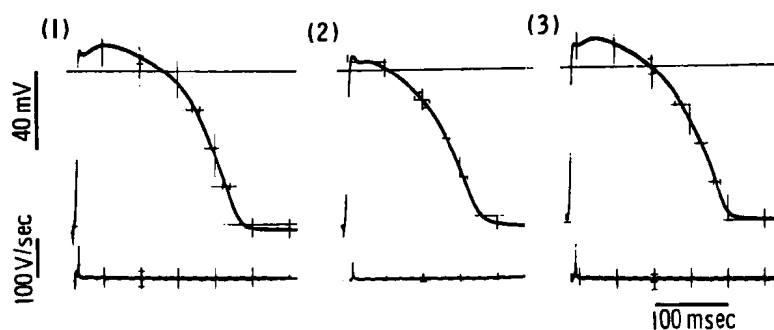


Fig. 2. Effect of L-carnitine on the action potential impaired by palmitoyl carnitine. (1) control, (2) palmitoyl carnitine (0.3 mM), (3) palmitoyl carnitine (0.3 mM) and L-carnitine (25 mM).

#### Potentials Impaired by Palmitoyl Carnitine

APD <sub>20</sub>		APD <sub>50</sub>		APD <sub>90</sub>		ERP	
(msec)	(%)	(msec)	(%)	(msec)	(%)	(msec)	(%)
110 ± 10		157 ± 13		200 ± 13		193 ± 15	
88 ± 5	81 ± 6	153 ± 5	85 ± 4	177 ± 6	87 ± 2	166 ± 13	84 ± 6
p < 0.001		p < 0.01		p < 0.01		p < 0.01	
96 ± 20	87 ± 9	149 ± 22	96 ± 6*	195 ± 22	99 ± 5***	184 ± 26	97 ± 4**
n.s.		n.s.		n.s.		n.s.	

and L-carnitine (25 mM) by a non-paired t-test. Abbreviations are the same as in Table I.

palmitoyl carnitine and L-carnitine on action potentials. L-carnitine prevented the decrease in  $dV/dT_{\max}$ , and the shortening of APD<sub>50</sub>, APD<sub>90</sub>, and ERP caused by palmitoyl carnitine. As shown in Fig. 2, L-carnitine prevented the effect of palmitoyl carnitine on transmembrane action potentials.

#### DISCUSSION

In this study, application of palmitoyl carnitine, an endogenous long chain acyl carnitine, causes appreciable changes in transmembrane action potentials of canine papillary muscle. RMP, APA, and  $dV/dT_{\max}$  were decreased in a concentration-dependent manner, and APD and ERP were shortened. Although ionic alterations were not delineated in this study, the APD shortening evoked by palmitoyl carnitine was most prominent at 20% and 50% of full repolarization, which may result partly from the attenuation of slow inward current during the plateau.<sup>20)</sup> The reduction in APD by

palmitate has been attributed to a depleted cytoplasmic ATP pool.<sup>6),12)</sup> Since palmitoyl carnitine also evokes decreases in RMP and APA, the changes do not appear to be simply due to depleted cytoplasmic ATP. It has been demonstrated that palmitoyl carnitine is a powerful inhibitor of sarcolemmal  $\text{Na}^+, \text{K}^+$ -ATPase,<sup>21)</sup> as well as sarcoplasmic reticulum  $\text{Ca}^{++}$ -ATPase and  $\text{Ca}^{++}$  transport.<sup>22),23)</sup> Changes in enzyme activity may also result from the disorganization of membrane compositions caused by the detergent action of palmitoyl carnitine.<sup>23)</sup> The inhibition of enzymes may cause a variable alteration of the potassium and sodium currents and the slow inward current. The resulting changes in intracellular calcium concentration may also influence the outward potassium current.<sup>24)</sup> Thus, an alteration in ionic currents may cause changes in transmembrane action potentials.

Since electrophysiological factors that facilitate the initiation and maintenance of reentrant dysrhythmias include alterations in myocardial conduction properties and a dispersion of recovery times,<sup>25)</sup> the changes in action potentials caused by palmitoyl carnitine application may induce reentrant dysrhythmias. Electrophysiological alterations induced by palmitoyl carnitine closely resemble the electrophysiological derangements characteristic of the ischemic myocardium.<sup>26),27)</sup> The similarity suggests that an accumulation of long chain acyl carnitine in the ischemic myocardium may be an important factor in the early electrophysiological changes that contribute to malignant dysrhythmias in acute myocardial ischemia.

Carnitine, an abundant, normal constituent in the myocardium, functions as a carrier of activated long chain acyl groups from the cytoplasm to the intramitochondrial sites of FFA oxidation.<sup>28)</sup> A decrease in the myocardial free L-carnitine has been demonstrated in ischemic myocardium,<sup>18),19)</sup> and recent biochemical and physiological studies suggest that the administration of L-carnitine may have beneficial effects on the ischemic heart muscle.<sup>16)-19)</sup> We have reported that pretreatment with L-carnitine prevents the depletion in tissue levels of free carnitine and ATP, and the accumulation of long chain acyl carnitine and long chain acyl CoA in ischemic dog hearts.<sup>18),19)</sup> Pretreatment with L-carnitine also reduces the grade of ventricular arrhythmias induced by excess FFA.<sup>18)</sup> In this study, it was demonstrated that simultaneous administration of L-carnitine and palmitoyl carnitine reduces the changes in transmembrane action potentials that are impaired by palmitoyl carnitine alone. These findings suggest that L-carnitine may alleviate the arrhythmogenic action of palmitoyl carnitine, probably by decreasing the accumulation of palmitoyl carnitine in the myocardium. From these observations, it is suggested that long chain acyl carnitine may play an important role in arrhythmogenesis in the ischemic heart, and these effects may be pre-

vented by L-carnitine administration.

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